

Natasha Vishacki

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SUMMARY

Ambitious graduate pursuing a Food and Nutrition Science degree, eager to contribute developed knowledge in a Food Technologist related role. Motivated to apply education and skilled abilities to enhance food safety and quality operations. Eager to learn new skills as part of a team and advance knowledge with hands-on experience.

SKILLS

Organised

Excellent organisational and time management skills, as shown by balancing a part-time job in retail, an internship (8-16hrs/week), as well as dedicating time to voluntary experiences. Hold strong admin and time management skills.

Communication

Excellent written and verbal communication skills with a strong ability to build rapport with customers. Developed throughout university studies and professional experiences. Conducted a professionally lead presentation for a small group of women with gestational diabetes at Illawarra Diabetes Service, Wollongong.

Teamwork

Highly motivated and committed to collaborating as part of a team with a compassionate, empathetic and professional approach. Worked with a small team to research and develop a cookbook for a Government supported program, Cook Chill Chat.

Leadership

Expertise in leadership roles developed through numerous voluntary experiences. Recently helped conduct a cooking class with kids and youth for 5 weeks at Warilla Neighbourhood Centre, as part of a Stir It Up! community project.

EXPERIENCE

Customer Services and Support, Kmart Australia Figtree, NSW

April 2016-Current

Duties and responsibilities

- Provide face to face and telephone customer service.
- Provide effective customer service by taking time to identify customer needs, enabling me to build rapport with customers and find suitable solutions for customer satisfaction.
- Working collaboratively with other team members to ensure stock is unloaded, organised and presented to standards in all areas of the store.
- Managing large volumes of stock across multiple product lines and areas.
- Maintaining shop floor presentation.

- Adhering to OH&S and safe work practices at all times.

Key achievements

- 2020 award recognising continued team support and execution.
- Awarded 'Store Shrink Champion' of the month in 2017, which recognises commitment in prevention of theft.

Nutrition Graduate Intern, Healthy Cities Illawarra Wollongong, NSW

December 2018-April 2019

Duties and responsibilities

- Worked with a small team to research and develop a cookbook for a Government supported program, Cook Chill Chat.
- Constructed recipes into a usable format.
- Calculated costs and developed a costing spreadsheet.
- Organised and conducted pilot testing of recipes.
- Continually reviewed and edited material for final publication.
- Emailed progress reports to supervisors each week.

Key achievements

- Completed recipes have been useful to 30 community members who started in the Cook Chill Chat program this year.
- Due to the success of the cookbook, it is now available for community members outside the Cook Chill Chat program.

Co-Facilitator Educator, Cook, Chill, Chat Wollongong, NSW

September 2018-December 2018

Duties and responsibilities

- Co-facilitated a community-based program to 8 youths from culturally and linguistically diverse backgrounds.
- Promoted healthy eating and social inclusion by conversing with the group and emphasising the program's key messages.
- Complete admin and evaluation documents
- Assisted with setting up kitchen facilities and ensuring that it is left clean and tidy.

Key achievements

- 100% of the participants reported feeling more connected to their community and enjoyed the social aspect of the program and the cooking.

Stir It Up! Volunteer, Stir It Up!

November 2018-Current

Wollongong, NSW**Warilla Youth Project, Warilla Neighbourhood Centre**

· Helped conduct a cooking class with kids and youth for 5 weeks, to get them interested in healthy eating and build cooking skills.

Lord Mayor's Annual Picnic in the Park, MacCabe Park

· Assisted with a cooking demonstration, food display of healthy lunchbox ideas and talk for young parents and carers who have children starting kindergarten for the past 2 years.

Peer Educator Volunteer, Hidden Harvest**October 2018-December 2018****Wollongong, NSW****'More Taste, Less Waste' workshop, University of Wollongong**

· Assisted small groups during a food sustainability workshop. Helped provide awareness in ways to minimise food waste and creating discussion about food sustainability.

EDUCATION AND TRAINING

Bachelor of Nutrition Science

University Of Wollongong, Wollongong December 2018

Graduate with distinction (~80% grade each year)

REFERENCES

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